

Get Ready for the

LHM HARVEST APPEAL

Drop Off 2-4pm, weekdays @
LHM, 35 East Campbell Street Glasgow,
G1 5DT

**Appeal Launches:
September 2nd - October 31st**

See the Harvest List
for dry and tinned goods
or donate online



Lodging House Mission – Harvest Donation Requests 2024

Thank you for your continued support for LHM, we really appreciate it. We have put together a list of things that are urgently needed in the kitchen. Ideally, we would prefer donations of food stuff however we understand that this may be difficult for you. If you are able to make a financial contribution, we will ensure it is used wisely. We love fresh produce to allow us to prepare healthy and nutritious lunches for those who use our service and will buy these, as required, to prevent food waste. We hope that you find this list helpful when choosing something to donate. Thank you from all of us here at LHM.

Cereal	Tinned Fruit	Tinned Meat / Fish
Corn Flakes/Crunchy Nuts	*Peaches	Tuna/Salmon
Weetabix	*Pears	Corned beef
Rice Crispies	*Pineapples	Ham
Sugar Puffs	*Mandarins	
Frosties	*Fruit Cocktail	Other Tinned Food
Coco Pops	*Rice Pudding	*Baked Beans
Cheerios	*Custard	Spaghetti in sauce
		*Tinned Soups – tomato, vegetable, chicken, lentil, scotch broth, minestrone, pea & ham, chicken noodle
Jars/Pastes	Other	
Pasta bake sauces	Full Fat UHT milk	
Curry Sauce/paste	Coconut Milk	
Tomato paste	Small juice cartons	
	Diluting/fresh juice	Other
Dried Goods	*Coffee	Brown Sauce
Mixed herbs	*Biscuits	Tomato Sauce
Garlic powder	Crisps	Vinegar
Ground turmeric		Porridge oats
Chilli powder	Kettle Foods	Dried peas
Crushed chillies	Pot Noodles	Lentils / Broth mix
Ground coriander	Cuppa Soups	Olive oil
Black pepper	Tinned Potatoes	*Vegetable oil
Salt	Sachets dried mash potato	*Bisto
Pasta	Ring Pull Ham tins	*Veg Stock cubes/ bullion
Long grain rice	Breakfast bars	*Jelly
	Cereal Bars	*Sugar
Toiletries (all types)	Individual packets sweets	Jam
*OUT OF STOCK – URGENTLY NEEDED		

Not Required List

Salad Cream/Mayonnaise	Shredded Wheat Cereal	Red Kidney Beans
Pearl Barley	Muesli	Chickpeas
Marmalade	Alpen	Prunes
Grapefruit	Clothing	Bedding/duvets/towels