

CADDER CHURCH - OFFER of SUPPORT

Over the coming weeks we want to offer help to all those members or people associated with our Church who may need support during these uncertain times. If you have to self-isolate or are anxious about going out, we can provide the following support:

- **Delivery of soup, puddings and main meals prepared in our Coffee Shop**

This service will be available from Monday to Friday. If you would like to request a delivery of Coffee Shop food, please contact:

- Jaqueline Burns, our Coffee Shop Manager, on 07960 178403 or email: jaq.burns@ntlworld.com or
- Aileen Jilks, our Coffee Shop Co-ordinator, on 07952 893262 or email: aileenjilks@aol.com or
- The Coffee Shop at Cadder South Hall, on 0141 772 7436 (During normal opening times)

We are also offering the following services

- **Shopping pick up / drop off**
- **Prescription pick up / drop off**
- **Posting mail**

These services will be available throughout the week, Monday to Sunday. If you would like to request any of these support services, please contact:

- Gillian Crompton, one of our Church Elders, on 07715 427611 or email: sgb.cro@btinternet.com

We will be able to shop for you in Asda or M&S in Bishopbriggs. We would ask that you focus on a bag of essentials to keep you going, for example:

- Foodstuffs such as tea, coffee, sugar, milk, bread, butter, cheese, soup, tinned meats, tinned fish, tinned vegetables, beans, tinned pasta, microwave meals, tinned fruit, custard, biscuits, jams and marmalade.
- Toiletries such as soap, toothpaste, toilet roll and shampoo.

We will do our best to source what you want and deliver it to you within 24 hours of receipt of your list. We will not take money from you at the door. The person delivering your shopping will phone you to let you know when they will be dropping it off. We will leave your shopping on the doorstep and make sure you have heard the knock at the door to take it in. Delivery and payment arrangements will be fully explained when you place your order.

In addition to practical support, as a Church we are also offering **pastoral care support**. We know that the planned period of self-isolation will not be easy for any of us. To add to your own support network, if you would like to receive a phone call or text from a member of the church or to be put on the list to receive cards weekly to keep you in touch with others, please contact:

- John MacGregor, our Minister, on 07387 851020 or email: JMacGregor@churchofscotland.org.uk
- Your Church Elder, or
- Janet Johnstone, leader of our Adult Education and Care Team, email: jimjanetj@aol.co.uk

PLEASE BE ASSURED THAT WE WILL DO OUR BEST FOR YOU AND WILL DELIVER OUR SERVICES IN A WAY WHICH ENSURES BOTH YOUR SAFETY AND THE SAFETY OF THOSE HELPING YOU